

# I'M A YOUNG ADULT CARER

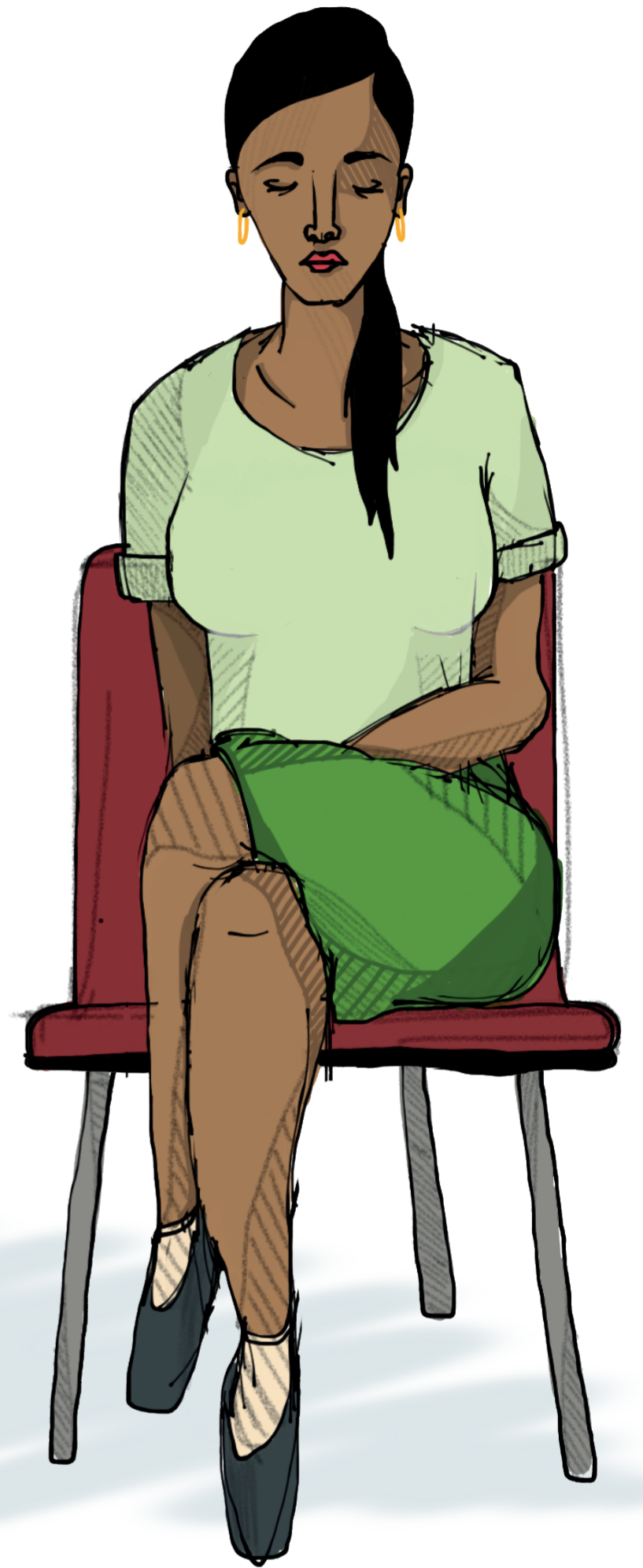
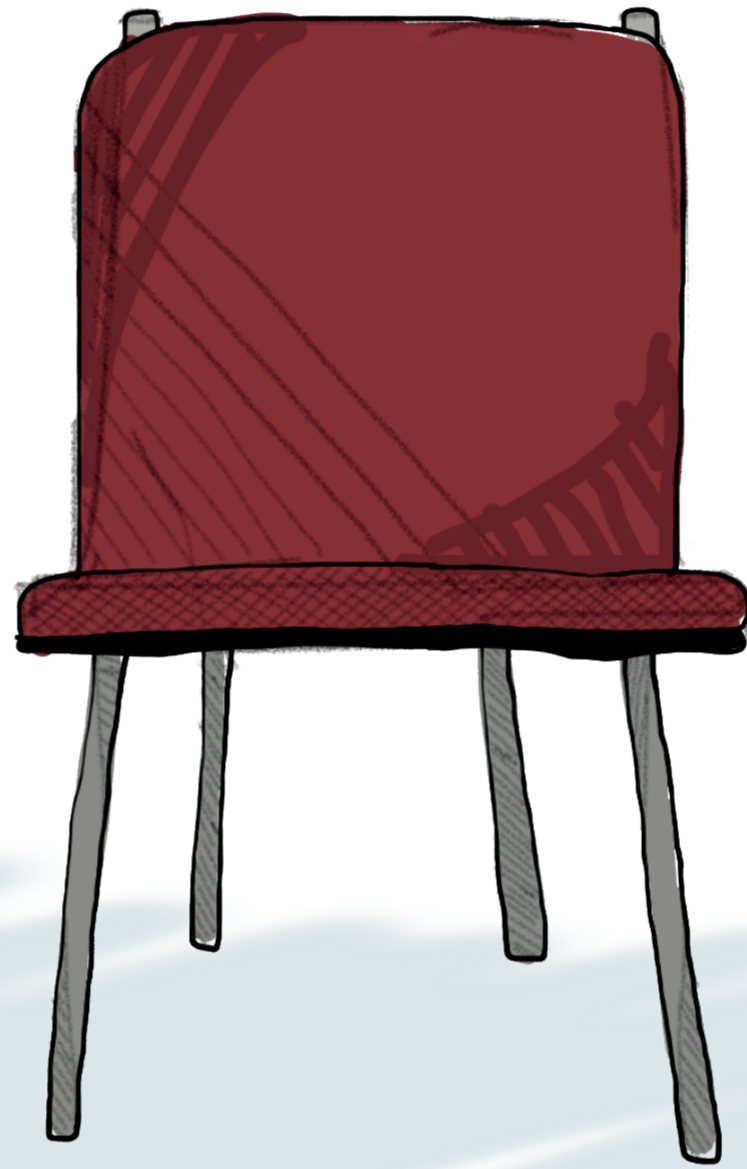
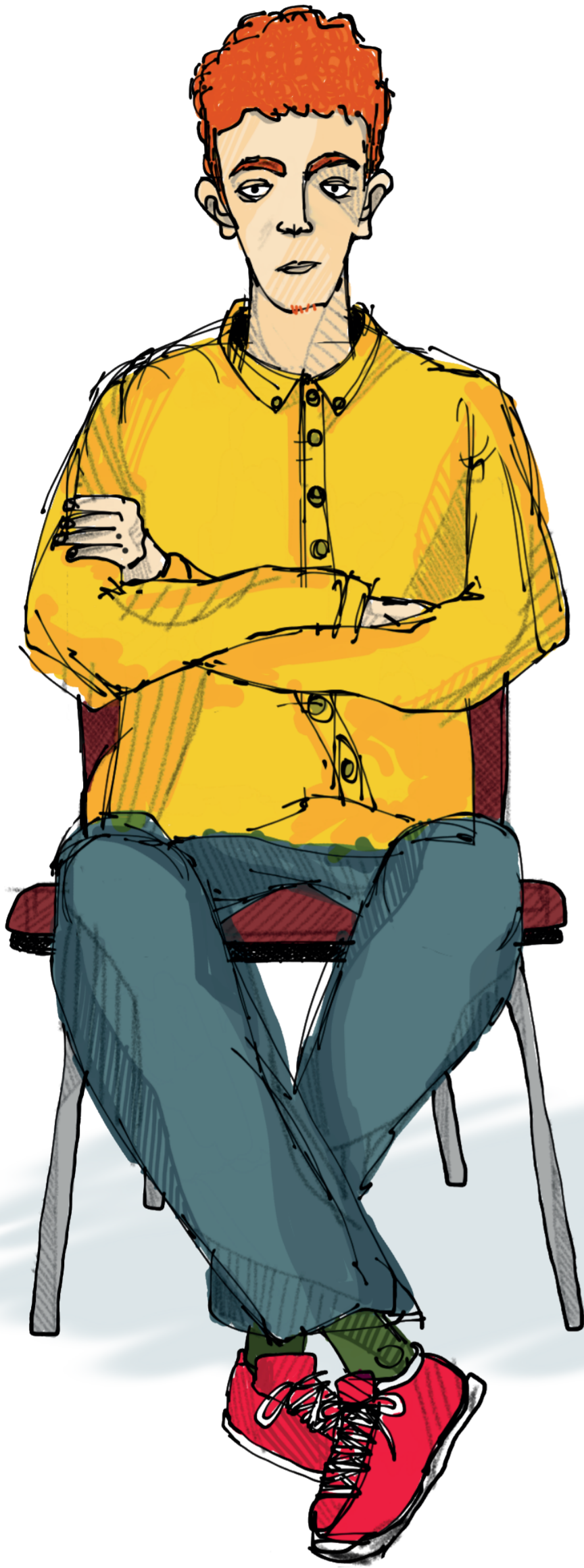


## YOU CAN HELP ME JUGGLE IT ALL

ARE YOU A **YOUNG ADULT CARER**?

WANT TO KNOW MORE ABOUT SUPPORTING **YOUNG ADULT CARERS**?

# YOUNG ADULT CARERS



SKIVING?  
NO, CARING

ARE YOU A **YOUNG ADULT CARER?**

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# SPOT THE YOUNG ADULT CARER



## LET'S TALK

ARE YOU A **YOUNG ADULT CARER**?

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