# A self-assessment checklist for supporting young adult carers in your college

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| **Recommendation** | **Status (red/amber/green)** | **Comments** |
| 1. **Establishing a solid foundation of support for young adult carers within your college** |  |  |
| Develop and promote a commitment for student carers |  |  |
| Establish a policy for young adult carers or integrate the commitments to young adult carers into existing policies |  |  |
| Appoint a college lead/champion for young adult carers with the role of overseeing the implementation of policy |  |  |
| Provide awareness training on young adult carers for all relevant members of staff, to include personal tutors, student support, and recruitment/admissions staff (perhaps through your college’s equality and diversity training) |  |  |
| Work with your local authority to enable them to fulfil their legal duties to young adult carers under the Care Act 2014 |  |  |
| Incorporate the support your college provides for carers into your local authority’s strategy for carers and young carers |  |  |
| Monitor the number of students entering the college with caring responsibilities |  |  |
| Ensure that when equality impact assessments/analysis are carried out that indirect discrimination to student carers is considered |  |  |
| 1. **Promoting your college to young adult carers** |  |  |
| Develop information promoting support for young adult carers at your college |  |  |
| Develop partnership work between your college and a local young carers or young adult carers service |  |  |
| 1. **Applications and admissions** |  |  |
| Identify young adult carers during the applications and admissions process |  |  |
| Offer flexibility with entry requirements for young adult carers |  |  |
| Provide information and advice for applicants who are carers at open days and in your college prospectus and website |  |  |
| 1. **Student support** |  |  |
| Offer flexibility to young adult carers with attendance and coursework |  |  |
| Publicise and promote support for student carers in a variety of ways, including through the college intranet, website, internal mailings, prospectus and other literature (student handbook) and Student Services |  |  |
| Provide details of the relevant staff for young adult carers to contact at your college and in your college prospectus |  |  |
| Provide training for relevant staff on carers’ issues and the specific needs of students who are carers |  |  |
| Ensure personal tutors are aware of carers and what types of support and flexible approaches can be offered |  |  |
| Provide information and advice on financial matters for young adult carers |  |  |
| Provide ongoing opportunities for identifying student carers and encouraging self-identification |  |  |
| Support the transition of young adult carers from school to college, and from college to higher education and the workplace |  |  |
| Implement a student mentors/student representatives scheme for new students who are carers |  |  |
| Develop partnership work between your college and a local young carers or young adult carers service to enhance support for student carers |  |  |
| Prioritise young adult carers for receipt of the 16–19 Bursary and other learner support funds |  |  |
| Support students to request an assessment of their needs as a carer from their local authority |  |  |
| Signpost or refer students to a local carers service |  |  |